

PHYSICAL EDUCATION

CMC's extensive physical education program is designed to develop recreational habits that will last a lifetime. Students are encouraged to take advantage of the weight-training equipment, including the use of Universal, Hammer Strength, and free weight equipment, and the Wells Fitness Center for personal fitness training. CMC also has a climbing wall, a hammer throw, and an archery range. All students are invited to participate in a full range of intramural, recreational, and club sports. Club sports include men's volleyball, ballroom dancing, cycling, men's lacrosse and rugby; most of the club teams include members from all five of the undergraduate Claremont Colleges. CMC students are also welcome to take advantage of physical education courses and activities at the other undergraduate colleges.

Claremont McKenna College has a joint physical education program (CMS) with Harvey Mudd College and Scripps College. Although each individual college has its own recreational facilities, the physical education courses, athletic teams, and faculty and staff are part of the joint program. CMS teams compete in NCAA Division III, and are well represented at national championships. See "Athletics" for further information. Pomona College and Pitzer College also have a joint program and have their own athletic teams (Pomona-Pitzer). However, the physical education courses offered by both CMC and Pomona College are open to all undergraduate students.

In order to sign up and participate in physical education courses or team sports, CMC students must officially register for such classes. There is no academic credit for these courses, but CMC has a physical education requirement for graduation. Students may not audit any PE courses and all fees for PE courses with fees must be paid through Student Accounts.

General Education Requirement in Physical Education

In order to graduate, all CMC students are required to complete three semesters of physical education. Season-long participation on an intercollegiate or club sport team may be substituted for one semester of physical education. Two seasons of CMS intercollegiate athletic team participation will also fulfill the three-semester physical education requirement. *Registration procedures and deadlines for physical education courses or teams are identical to those of credit courses.*

The Faculty

Professors: Burton, and Sutton (Chair); Associate Professors: Candaele, Goldhammer, M. Retzlaff, and Town; Assistant Professors: D. Graves, Griffiths, Kenney, S. Retzlaff, Scalmanini, and Settem; Instructors: Calichman, Sanchez, Settles, and Uhr

Courses

Physical Education

Physical education courses are selected from a list of non-credit courses including tennis, badminton, basketball, floor hockey, golf, self-defense, aerobics, soccer, step-aerobics, yoga, personal fitness (taking advantage of the Wells Fitness Center), running programs, rock climbing, sailing, horseback riding, softball, fly fishing, windsurfing, and weight training. Courses offered through other Claremont Colleges may also be elected.

Teams and Clubs

CMS offers the following team sports: baseball (men), basketball (men and women), cross-country (men and women), diving, football (men), golf, lacrosse (women), soccer (men and women), softball (women), swimming (men and women), tennis (men and women), track and field (men and women), volleyball (women), and waterpolo (men and women).

Current club sports include cheerleading, lacrosse (men), rugby (men and women), and volleyball (men).