Course #	Section	Title	Meetings		Instructors	Comments
PE 019C JP	1	ABS Intensive	R 4:00PM - 4:30PM	CM - OTHR-	Staff	Fee: \$100 (Unlimited) Located at 1721 W 11th St Upland, CA 91786 Online option available Contact: gomez.vanessa@yahoo.com
PE 019C JP	2	ABS Intensive	S 8:15AM - 8:45AM	CM - OTHR-	Staff	Fee: \$100 (Unlimited) Located at 1721 W 11th St Upland, CA 91786 Online option available Contact: gomez.vanessa@yahoo.com
PE 085 PO	01	Adapted Physical Education	ТВА - ТВА	PO - TBA - TBA	Townsend, Valerie G.	P/NC grading only. By PERM only.
DANC124 PPO	01	Advanced Ballet Technique	T-R 4:45PM - 6:15PM	PO - PD - USTD	Koenig, Victoria	P/NC grading only.
PE 077D PO	01	Advanced Tennis - Match Play	F- 10:00AM - 12:00PM	PO - RA - PAUL	Bickham, Steve	P/NC grading only.
DANC151 PPO	01	African Aesthetics	-M-W 4:45PM - 6:15PM	PO - PD - LSTD	Staff	P/NC grading only.
PE 040 JP	01	Archery	T-R 11:00AM - 12:00PM	CM - CMPE-	Town, Randall	
PE 041 JP	01	Badminton	T-R 1:00PM - 1:55PM	CM - RPAV-	Lonzo, Gregory	
PE 041 JP	02	Badminton	T-R 2:00PM - 2:55PM	CM - RPAV-	Walkenbach, William J	
PE 008E JP	1	Barre	-M-W-F- 6:30AM - 7:00AM	CM - OTHR-	Staff	Fee: \$100 (Unlimited) Located at 1721 W 11th St Upland CA, 91786 Online option available Contact: gomez.vanessa@yahoo.com
PE 008E JP	2	Barre	-M-W-F- 7:15AM - 7:45AM	CM - OTHR-	Staff	Fee: \$100 (Unlimited) Located at 1721 W 11th St Upland CA, 91786

Course #	Section	Title	Meetings		Instructors	Comments
						Online option available Contact: gomez.vanessa@yahoo.com
PE 008F JP	1	Barre-Hot	T-R 3:00PM - 3:45PM	CM - OTHR-	Staff	Fee: \$100 (Unlimited) Located at 1721 W 11th St Upland, CA 91786 Online option available Contact: gomez.vanessa@yahoo.com
PE 043 JP	01	Basketball	R 9:30PM - 11:00PM	HM - LAC -	Sundberg, Christopher T.	
PE 042 JP	01	Basketball Skills & Conditioning	-M-W 11:10AM - 12:25PM	CM - RPAV-	Scalmanini, Ken	
PE 105 JP	01	Basketball Team-Men	ТВА - ТВА	CM - CMPE-	Scalmanini, Ken	CMS only
PE 107 JP	01	Basketball Team-Women	ТВА - ТВА	CM - CMPE-	Murchison, Chanel Monet	CMS only
PE 083 PO	01	Beach Games/Lawn Sports	F- 10:00AM - 12:00PM	PO - TBA - TBA	Queener, Sarah K.	P/NC grading only. Class meets at Marston Quad.
DANC012 PPO	01	Beginning Ballet I	T-R 1:20PM - 2:35PM	PO - PD - USTD	Koenig, Victoria	P/NC grading only.
PE 020B PO	01	Body&Strength Interval Training	-M-W 11:10AM - 12:00PM	PO - RA - WGHT	De Lira, Emmanuelle M.	P/NC grading only. Class meets at Strehle Track.
PE 034A JP	01	Boxing Fitness	ТВА - ТВА	CM - OTHR-	Garcia, Carlos	Fee: \$260 (20 classes)
PE 004 JP	01	Breakdancing/Hip Hop	U 7:30PM - 9:20PM	HM - LAC -	Sevilla, Don	Fee: \$50
PE 007B JP	01	CATZ	T-R 10:00AM - 10:55AM	CM - RPAV-	Clark, Jennifer	
PE 036 JP	01	Canyoneering and Lead Climbing	-M 7:00PM - 8:00PM	CM - OTHR-	Hamilton, David C.	Fee: \$285 Meets @ Hanger 18 in Upland
PE 014C JP	1	Cardio Climb	-M-W 4:00PM - 5:00PM	CM - OTHR-	Bradley, Johannah	Fee: \$320 (20 Classes) Located @ MPower Studio
PE 019 PO	01	Circuit Strength Training	-M-W 1:20PM - 2:10PM	PO - RA - WGHT	Carroll, Brian T.	P/NC grading only.

Course #	Section	Title	Meetings	3	Instructors	Comments
						Class meets at Strehle Track Shed.
PE 008 PO	01	Conditioning - Advanced	ТВА - ТВА	PO - ARR - ARR	Surina, Michael	P/NC grading only.
PE 006 PO	01	Core Training	-M-W 1:20PM - 2:10PM	PO - RA - WGHT	Townsend, Valerie G.	P/NC grading only. Class meets at Strehle Track.
PE 006 PO	02	Core Training	T-R 1:20PM - 2:10PM	PO - RA - WGHT	Woo, Alaina Sharon	P/NC grading only. Class meets at Strehle Track.
PE 110 JP	01	Cross Country Team-M/W	ТВА - ТВА	CM - CMPE-	Muncan, Marina	CMS only
PE 019B JP	01	CrossFit	ТВА - ТВА	CM - OTHR-	Pottorff, Jazmin	Fee: \$340 (20 classes)
PE 032 PO	01	Dance - Hip Hop	T-R 9:00PM - 9:50PM	PO - SCC - BLRM	Sevilla, Don	P/NC grading only. Fee: \$30.
PE 033C PO	01	Dance - Intl Latin Advanced	-M-W 6:15PM - 7:05PM	PO - SCC - BLRM	Machin, Denise Marie	Course has prerequisites. P/NC grading only. Fee: \$30.
PE 033B PO	01	Dance - Intl Latin Intermediate	-M-W 9:10PM - 10:00PM	PO - SCC - BLRM	Machin, Denise Marie	Course has prerequisites. P/NC grading only. Fee: \$30.
PE 035B PO	01	Dance - Night Club	F- 1:20PM - 3:20PM	PO - SCC - BLRM	Machin, Denise Marie	P/NC grading only. Fee: \$30.
PE 035A PO	01	Dance - Smooth	-M-W 8:10PM - 9:00PM	PO - SCC - BLRM	Machin, Denise Marie	P/NC grading only. Fee: \$30.
PE 038A PO	01	Dance-Intl Ballroom Dance Beg	-M-W 7:10PM - 8:00PM	PO - SCC - BLRM	Machin, Denise Marie	P/NC grading only. Fee: \$30.
PE 055A PO	01	Fencing I	-M-W 2:55PM - 3:45PM	PO - SCC - BLRM	Rosse, Paul C.	P/NC grading only. Fee: \$30.

Course #	Section	Title	Meetings		Instructors	Comments
PE 034 JP	01	FitBoxing	T-R 5:30PM - 6:15PM	CM - RPAV-	Town, Randall	Stdnt Instr: Sophie Dvorkin (CM)
PE 005 JP	01	Fitness Walking	ТВА - ТВА	CM - ONLI-	Sweeney, Kyle B.	
PE 057B JP	01	Flexibility and Stretching	ТВА - ТВА	CM - ONLI-	Vlasich, Kurt	
PE 030 JP	01	Fly Fishing	W 11:00AM - 11:55AM	SC - TIER- AFN	Ross, Damian M.	Fee: \$60
PE 120 JP	01	Football Team	ТВА - ТВА	CM - CMPE-	Sweeney, Kyle B.	CMS only
PE 080 JP	01	Free Weights	-M-W 11:00AM - 11:55AM	CM - RPAV-	Lonzo, Gregory	
PE 048 JP	01	Golf	T-R 10:00AM - 10:55AM	CM - CMPE- SCTW	Walkenbach, William J	
PE 060C PO	01	Golf - Short Game	-M-W 10:00AM - 10:50AM	PO - RA - MRTT	Pericolosi, Frank	P/NC grading only. Class meets at Golf Green by Track Sheds.
PE 060C PO	02	Golf - Short Game	T-R 9:35AM - 10:25AM	PO - RA - MRTT	Wurzer, John	P/NC grading only. Class meets at Golf Green by Track Sheds.
PE 009 JP	01	Half Marathon Training	ТВА - ТВА	CM - ONLI-	Zurbuch, Chris	Fee: \$25 For info: czurbuch@ymail.com
PE 008B JP	01	High Intens Interval Trng (HIIT)	T-R 10:00AM - 10:55AM	CM - CMPE- ZIN	Oaks, Gina	
PE 008B JP	02	High Intens Interval Trng (HIIT)	T-R 11:10AM - 12:25PM	CM - CMPE- ZIN	Oaks, Gina	
PE 005D JP	01	Hiking	ТВА - ТВА	CM - ONLI-	Fedorka, Mitchell Alexander	
DANC152 PPO	01	Hip-Hop Dance	-M-W 11:10AM - 12:25PM	PO - PD - LSTD	Pizarro, Elm	P/NC grading only.
Danc152 PPO	02	Hip-Hop Dance	-M-W 1:20PM - 2:35PM	PO - PD - LSTD	Pizarro, Elm	P/NC grading only.
PE 063 PO	01	Horseback Riding	ТВА - ТВА	PO - ARR - ARR	Pipkin, Candise	P/NC grading only. Fee: \$350. Max weight 175 lbs.

Course #	Section	Title	Meetings		Instructors	Comments
						Students needs their own transportation.
PE 014B JP	01	Indoor Cycling, Yoga, & Pilates	ТВА - ТВА	CM - OTHR-	LeGrant, Bernadette	Fee: \$170 (20 rides) For info:bern@onyourgrind.com
DANC051 PPO	01	Intermediate Ballet Technique	T-R 3:00PM - 4:30PM	PO - PD - USTD	Koenig, Victoria	P/NC grading only.
DANC050 PPO	01	Intermediate Modern Dance	-M-W 3:00PM - 4:30PM	PO - PD - USTD	Pennington, John W.	P/NC grading only.
PE 073 JP	01	Intro to Meditation	T 7:30PM - 8:45PM	CM - ONLI-	Dorrance, Ana Maria	Fee: \$100
PE 003 PO	01	Introduction to Fitness	T-R 9:35AM - 10:25AM	PO - RA - WGHT	Woo, Alaina Sharon	P/NC grading only. Class meets at Strehle Track Shed.
PE 025 PO	01	Introduction to the Weight Room	-M-W 10:00AM - 10:50AM	PO - RA - WGHT	Scanlon, Jennifer	P/NC grading only. Class meets at Strehle Track Shed.
PE 010 JP	01	Jogging	ТВА - ТВА	CM - ONLI-	Burton, Jodie R.	
PE 009 PO	01	Jogging/Running	T-R 9:35AM - 10:25AM	PO - RA - WGHT	Reynolds, J. Kirkland	P/NC grading only. Class meets at Strehle Track.
PE 024 JP	01	Judo	S 10:30AM - 11:55AM	CM - OTHR-	Goltz, Gary	Fee: \$150 + Gi (\$75)
PE 025 JP	01	Karate-Shotokan	T-R 6:00PM - 7:00PM	HM - LAC -	Aponte, Ty R.	Fee: \$125
PE 225 JP	01	Lacrosse Club-Men	ТВА - ТВА	CM - CMPE-	Faranda, John Paul Witkin, Scott M	
PE 089 PO	01	Lifeguard Training/RedCross Cert	T-R 1:20PM - 2:10PM	PO - RA - HALD	Meyette, Corinn	P/NC grading only.
PE 064 JP	01	Medi Ball/Cross Training	-M-W 9:00AM - 9:50AM	CM - BZ - CRTS	Schwarz, David	
PE 073E JP	1	Meditation & Deep Stretch	-M-W 7:30PM - 8:15PM	CM - OTHR-	Staff	Fee: \$100 (Unlimited) Located at 1721 W 11th St Upland, CA 91786

Course #	Section	Title	Meeting	S	Instructors	Comments
						Online option available Contact: gomez.vanessa@yahoo.com
PE 073D JP	01	Mindfulness-Based Emotnl Intlgnc	T 5:45PM - 7:15PM	CM - ONLI-	Dorrance, Ana Maria	Fee: \$100
DANC120 PPO	01	Modern Technique III	-M-W 4:45PM - 6:15PM	PO - PD - USTD	Staff	P/NC grading only.
DANC122 PPO	01	Modern Technique IV	-M-W 4:45PM - 6:15PM	PO - PD - USTD	Staff	P/NC grading only.
PE 040 PO	01	Pickleball	-M-W 1:20PM - 2:10PM	PO - TBA - TBA	Beckett, Lisa Marie	P/NC grading only. Class meets at Rogers Courts.
PE 040 PO	02	Pickleball	T-R 2:55PM - 3:45PM	PO - TBA - TBA	Bickham, Steve	P/NC grading only. Class meets at Rogers Courts.
PE 002 PO	01	Pilates Method	-M-W 2:55PM - 3:45PM	PO - RA - MCLD	Gamans, Marisa C.	P/NC grading only. Class meets at PZ Gold Center Yoga Studio.
PE 013E JP	1	Pilates-Hot HIIT	-M-W-F- 3:30PM - 4:20PM	CM - OTHR-	Staff	Fee: \$200 (Unlimited) Located at 1721 W 11th St Upland, CA 91786 Online option available Contact: gomez.vanessa@yahoo.com
PE 013E JP	2	Pilates-Hot HIIT	T-R 6:00PM - 6:50PM	CM - OTHR-	Staff	Fee: \$200 (Unlimited) Located at 1721 W 11th St Upland, CA 91786 Online option available Contact: gomez.vanessa@yahoo.com
PE 013E JP	3	Pilates-Hot HIIT	S 9:00AM - 9:50AM	CM - OTHR-	Staff	Fee: \$200 (Unlimited) Located 1721 W 11th St Upland, CA 91786 Online option available Contact: gomez.vanessa@yahoo.com

Course #	Section	Title		Meetings		Instructors	Comments
PE 013 JP	01	Pilates-Reformer Based		TBA - TBA	CM - OTHR-	Cazares, Michele	Fee: \$225
PE 029 PO	01	Pilates-Yoga Blend	T-R	9:35AM - 10:25AM	PO - PD - LSTD	Gamans, Marisa C.	P/NC grading only. Equipment required: Mat, Brick, Strap, Blanket
PE 059 JP	01	Ping Pong	F-	1:20PM - 3:20PM	CM - RPAV-	Stewart, Glenn A.	
PE 084 PO	01	Playground Games	F-	1:20PM - 3:20PM	Po - TBA - TBA	Carpenter, Jordan C.	P/NC grading only. Class meets at Marston Quad.
PE 081 PO	01	Plogging	F-	10:00AM - 12:00PM	PO - TBA - TBA	Ferguson, Joanne	P/NC grading only. Class meets off-site.
DANC180 PPO	01	Repertory - 2 Pieces		TBA - TBA	PO - PD - USTD	Pennington, John W.	P/NC grading only.
DANC181 PPO	01	Repertory- 1 Piece		TBA - TBA	PO - PD - USTD	Pennington, John W.	P/NC grading only.
PE 037 JP	01	Rock Climbing	-M	4:00PM - 5:00PM	CM - OTHR-	Hamilton, David C.	Fee: \$125 Meets @ Hanger 18 in Upland
PE 012 JP	01	Run with the Dean		4:00PM - 5:00PM	HM - TBA -	Sundberg, Christopher T.	
PE 011 JP	01	Running	T-R	10:00AM - 10:55AM	CM - CMPE- ZIN	Murchison, Chanel Monet	
PE 039A JP	01	SCUBA-Advanced Open Water		TBA - TBA	CM - OTHR-	Berry, Rusty	Fee: \$400 plus an additional Personal Equipment Fee (\$400) Equipment can be purchased at Scuba Schools of America scubaschoolsofamerica@gmail.com
PE 039 JP	01	SCUBA-Beg/Int		TBA - TBA	CM - OTHR-	Berry, Rusty	Fee: \$400 plus an additional Personal Equipment Fee (\$400) Equipment can be purchased at Scuba Schools of America scubaschoolsofamerica@gmail.com

Course #	Section	Title	Meetings	;	Instructors	Comments
PE 039D JP	01	SCUBA-Freediving & Spearfishing	TBA - TBA	CM - OTHR-	Berry, Rusty	Fee: \$350 plus an additional Personal Equipment Fee (\$400) Equipment can be purchased at Scuba Schools of America scubaschoolsofamerica@gmail.com
PE 038 JP	01	Sailing	ТВА - ТВА	CM - OTHR-	Faranda, John Paul	Instructor permission required
PE 018A JP	01	Self-Defense - Kung Fu	-M-W 7:00PM - 7:55PM	HM - LAC -	Aponte, Ty R.	Fee: \$125 Wednesday Asynchronous
PE 026 PO	01	Shotokan Karate	-M-W 4:30PM - 5:20PM	PO - SCC - BLRM	Aponte, Ty R.	P/NC grading only. Fee: \$50.
PE 069 PO	01	Soccer	F- 1:20PM - 3:20PM	PO - RA - SCCR	Swartz, William R.	P/NC grading only. Class meets at Soccer Field.
PE 135 JP	01	Soccer Team-Men	ТВА - ТВА	CM - CMPE-	Fahey, Ryan William_Thomas	CMS only
PE 140 JP	01	Soccer Team-Women	TBA - TBA	CM - CMPE-	Clark, Jennifer	CMS only
PE 056B JP	01	Soccer-Adv	T-R 11:10AM - 12:25PM	CM - CMPE- PRNT	Fahey, Ryan William_Thomas	
DANC166 PPO	01	Somatic Movement Techniques	T-R 3:00PM - 4:30PM	PO - PD - LSTD	Cano, Zaylin E	P/NC grading only.
PE 068 PO	01	Speed Lacrosse	F- 1:20PM - 3:20PM	PO - TBA - TBA	Queener, Sarah K.	P/NC grading only. Class meets at Turf Field.
PE 017 JP	01	Speed and Agility Class	-M-W 4:30PM - 5:30PM	CM - CMPE- ZIN	Stewart, Glenn A.	
PE 014 JP	02	Spinning-Stationary Bike	W 10:00AM - 11:30AM	CM - RPAV-	Uhr, Lauren	Peloton or similar bike required
PE 014 JP	03	Spinning-Stationary Bike	R 10:00AM - 11:30AM	CM - RPAV-	Uhr, Lauren	Peloton or similar bike required
PE 015 JP	01	Swim Conditioning	T-R 11:10AM - 12:25PM	CM - CMPE- POOL	Griffiths, Charles	
PE 015 JP	02	Swim Conditioning	ТВА - ТВА	CM - ONLI-	Griffiths, Charles	

Course #	Section	Title	Meetings		Instructors	Comments
PE 015 PO	01	Swim Fitness	T-R 9:35AM - 10:25AM	Po - Ra - Hald	Rodriguez, Alexander J.	P/NC grading only. Class meets at Haldeman Pool.
PE 075A PO	01	Swimming - Beginning	-M-W 1:20PM - 2:10PM	PO - PD - POOL	Gowdy, Jean-Paul R.	P/NC grading only.
PE 081 JP	1	TRX Suspension Training	T-R 9:00AM - 9:45AM	CM - OTHR-	Staff	Fee: \$200 (Unlimited) Located at 1721 W 11th St Upland, CA 91786 Online option available Contact: gomez.vanessa@yahoo.com
PE 081 JP	2	TRX Suspension Training	-M-W-F- 6:30PM - 7:30PM	CM - OTHR-	Staff	Fee: \$200 (Unlimited) Located at 1721 W 11th St Upland, CA 91786 Online option available Contact: gomez.vanessa@yahoo.com
PE 077A PO	01	Tennis - Beginning	-M-W 10:00AM - 10:50AM	PO - RA - PAUL	Walsh, John M.	P/NC grading only.
PE 077A PO	02	Tennis - Beginning	-M-W 11:10AM - 12:00PM	PO - RA - PAUL	Swartz, William R.	P/NC grading only.
PE 077B PO	01	Tennis - Intermediate	-M-W 8:50AM - 9:40AM	PO - RA - PAUL	Morgan, Michael	P/NC grading only.
PE 060C JP	01	Tennis-Advanced	-M-W 10:00AM - 10:50AM	CM - BZ - CRTS	Schwarz, David	Match play and competitive games
PE 004 PO	01	Tough Mudder Training	-M-W 7:40AM - 8:30AM	PO - RA - WGHT	Morgan, Michael	P/NC grading only. Class meets at Strehle Track.
PE 160 JP	01	Volleyball Team-Women	ТВА - ТВА	CM - CMPE-	Vlasich, Kurt	CMS only
PE 009A PO	01	Walking: Get your steps in	-M-W 10:00AM - 10:50AM	PO - RA - WGHT	Katsiaficas, Charles C.	P/NC grading only. Class meets at Strehle Track.
PE 165 JP	01	Water Polo Team-Men	ТВА - ТВА	CM - CMPE-	Lonzo, Gregory	CMS only
PE 016A JP	1	Water Rowing	-M-W-F- 5:30PM - 6:10PM	CM - OTHR-	Staff	Fee: \$300 (Unlimited) Located at 1721 W 11th St Upland, CA 91786

Course #	Section	Title	Meetings		Instructors	Comments
						Online option available Contact: gomez.vanessa@yahoo.com
PE 016 PO	01	Weight Training	-M-W 11:10AM - 12:00PM	PO - RA - WGHT	Katsiaficas, Charles C.	P/NC grading only. Class meets at Strehle Track Shed.
PE 018 PO	01	Weight Training & Cardio	T-R 2:55PM - 3:45PM	PO - RA - WGHT	Rodriguez, Alexander J.	P/NC grading only. Class meets at Strehle Track Shed.
PE 082 JP	01	Weights-Fitness Room	ТВА - ТВА	CM - RPAV-	Burton, Jodie R.	
PE 084 JP	01	Weights-Free Weights	ТВА - ТВА	CM - RPAV-	Scalmanini, Ken	
PE 022A PO	01	Yoga - I	-M-W 8:50AM - 9:40AM	PO - PD - LSTD	Brennan, Tracy	P/NC grading only. Equipment required: Mat, Brick, Strap, Blanket
PE 022A PO	02	Yoga - I	T-R 8:00AM - 8:50AM	PO - PD - LSTD	Brennan, Tracy	P/NC grading only. Equipment required: Mat, Brick, Strap, Blanket
PE 022A PO	03	Yoga - I	F- 10:00AM - 12:00PM	PO - SCC - BLRM	Brennan, Tracy	P/NC grading only. Equipment required: Mat, Brick, Strap, Blanket
PE 022B PO	01	Yoga - II	T-R 1:20PM - 2:10PM	PO - RA - MCLD	Gamans, Marisa C.	P/NC grading only. By PERM only. Class meets at PZ Gold Center Yoga Studio. Requires 1-year Yoga experience.
PE 023 PO	01	Yoga - Kundalini	T 7:00PM - 9:00PM	PO - SCC - BLRM	May, Karen M.	P/NC grading only. Fee: \$45. Equipment required:

Course #	Section	Title	Meetings		Instructors	Comments
						Mat, Brick, Strap, Blanket
PE 075K JP	01	Yoga-Basics & Philosophy	S 1:00PM - 3:00PM	CM - ONLI-	Brennan, Tracy	Fee: \$200 Yoga studio is located on Yale and Foothill Blvd
PE 075L JP	01	Yoga-Foundations & Alignment	S 3:00PM - 5:00PM	CM - ONLI-	Brennan, Tracy	Fee: \$200 Yoga studio is located on Yale and Foothill Blvd
PE 075L JP	02	Yoga-Foundations & Alignment	U 1:00PM - 3:00PM	CM - ONLI-	Brennan, Tracy	Fee: \$200 Yoga studio is located on Yale and Foothill Blvd
PE 076 JP	01	Yoga-Hatha	W 4:00PM - 5:00PM	CM - ONLI-	Brennan, Tracy	Fee: \$100 Yoga studio is located on Yale and Foothill Blvd
PE 076 JP	02	Yoga-Hatha	-M-W-F- 12:00PM - 1:00PM	CM - ONLI-	Brennan, Tracy	Fee: \$100 Yoga studio is located on Yale and Foothill Blvd
PE 070 JP	1	Yoga-Hot Yoga	T 4:30PM - 5:30PM	CM - OTHR-	Staff	Fee: \$100 (Unlimited) Located at 1721 W 11st Upland CA, 91786 Online option available Contact: gomez.vanessa@yahoo.com
PE 075N JP	01	Yoga-Restorative & Meditation	U 5:00PM - 7:00PM	CM - ONLI-	Brennan, Tracy	Fee: \$200 Yoga studio is located on Yale and Foothill Blvd
PE 075H JP	01	Yoga-Unlimited Yoga	ТВА - ТВА	CM - ONLI-	Brennan, Tracy	Fee: \$300 Yoga studio is located on Yale and Foothill Blvd

Course #	Section	Title	Meeting	S	Instructors	Comments
PE 075 JP	01	Yoga-Vinyasa Flow	T-R 5:45PM - 7:30PM	CM - ONLI-	Brennan, Tracy	Fee: \$100 For info contact claremontyoga1@gmail.com Yoga studio is located on Yale and Foothill Blvd
PE 075 JP	02	Yoga-Vinyasa Flow	-MF- 4:00PM - 5:00PM	CM - ONLI-	Brennan, Tracy	Fee: \$100 For info contact claremontyoga1@gmail.com Yoga studio is located on Yale and Foothill Blvd
PE 075 JP	03	Yoga-Vinyasa Flow	F- 1:00PM - 2:00PM	CM - ONLI-	Brennan, Tracy	Fee: \$100 For info contact claremontyoga1@gmail.com Yoga studio is located on Yale and Foothill Blvd
PE 075 JP	04	Yoga-Vinyasa Flow	-M-W 7:15PM - 8:15PM	CM - ONLI-	Brennan, Tracy	Fee: \$100 For info contact claremontyoga1@gmail.com Yoga studio is located on Yale and Foothill Blvd
PE 075 JP	5	Yoga-Vinyasa Flow	T-R 8:30PM - 9:15PM	CM - OTHR-	Staff	Fee: \$100 (Unlimited) Located at 1721 W 11th St Upland, CA 91786 Online option available Contact: gomez.vanessa@yahoo.com
PE 075M JP	01	Yoga-Vinyasa Flow & Alignment	U 3:00PM - 5:00PM	CM - ONLI-	Brennan, Tracy	Fee: \$200 Yoga studio is located on Yale and Foothill Blvd

Course #	Section	Title	Meetings	Instructors	Comments
PE 078 JP	01	Zumba	-M-W 8:00PM - 9:00PM CM - RPAV-	Day, Jodi	Fee: \$40