

THE 2023

# EASY GUIDE

TO UNDERSTANDING YOUR HIGH DEDUCTIBLE HEALTH PLAN

#### THE CLAREMONT COLLEGES



















A high deductible health plan with a health savings account is a smart way to finance healthcare costs today while building a nest egg for future healthcare and retirement expenses.



## The plan that gives you more...

The Anthem Act Wise HDHP is a high deductible health plan that gives you:

- More money in your pocket by reducing taxes with a tax-free health savings account (HSA)
- More flexibility in how you choose and pay for healthcare services
- More opportunities to build longterm healthcare and retirement savings



## HDHP at a glance

- Higher deductible
- Free in-network preventive care
- Comprehensive medical and prescription drug coverage
- Use tax-free health savings account (HSA) to offset deductible

Note: you will only receive the employer contribution to your HSA if the account is with WealthCareSaver. If joining after the beginning of the year, the contribution amount will be prorated. Only non-highly compensated participants (employees who had an annual compensation of less than \$135,000 in 2022) are eligible for the employer contribution.

When you enroll in the HDHP, you are automatically enrolled in a health savings account (HSA) funded with tax-free contributions from The Claremont Colleges and you.

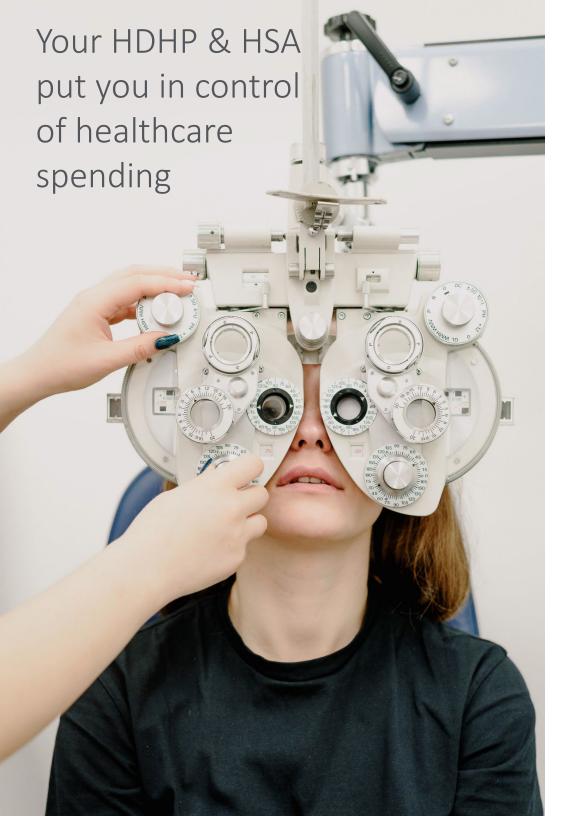
Individual: \$1,000 Family: \$2,000

This is important because with the HDHP you pay for 100% of all medical costs\* (except preventive care) until you reach the annual deductible. You can use the money in your HSA for your deductible and any other eligible medical expenses you have throughout the year or any time in the future.

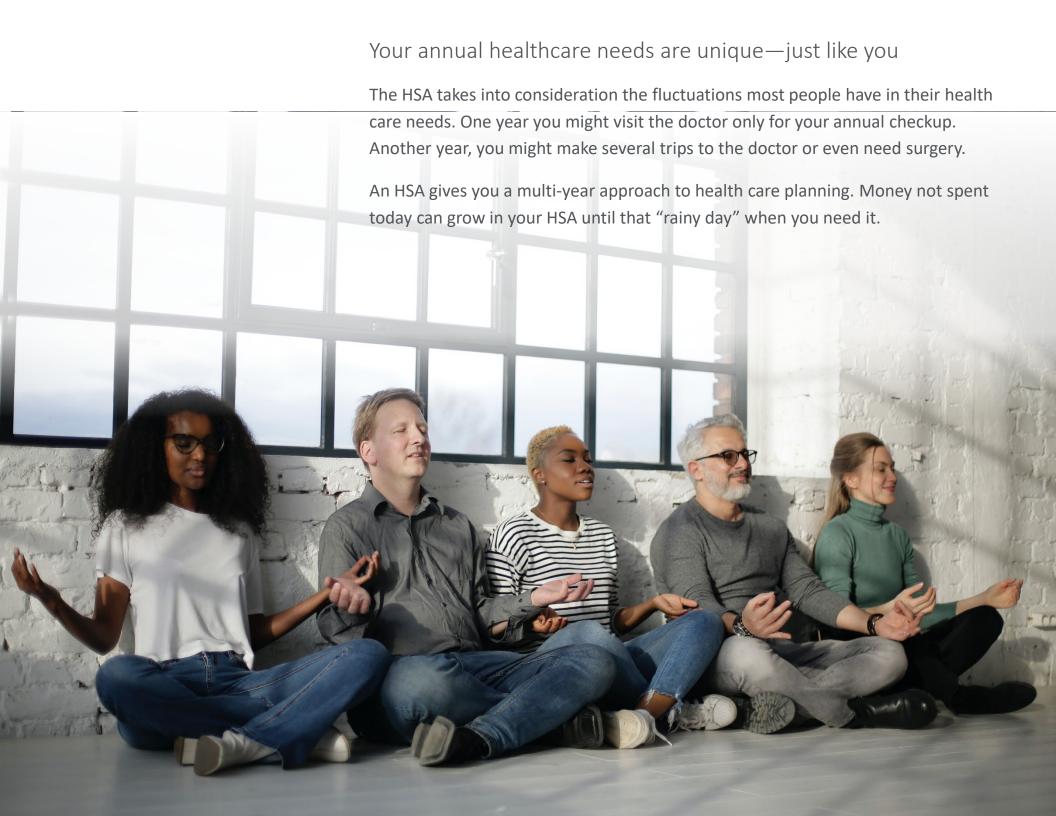
Your HSA balance never expires—
there's no "use it or lose it" rule. You
keep the account even if you leave the
company, and any balance earns
interest.



\*When you use innetwork providers, you don't pay 100% of the billed amount. Rather, you pay 100% of the negotiated rate since that provider has a contract with Anthem.



- Preventive care is a no-brainer. Keep up with your annual checkups without worrying about the cost, since preventive care is fully covered in-network.
- Use your HSA for many different health expenses: regular office visits, prescriptions, lab tests, acupuncture, chiropractic adjustments, even dental care, glasses and contacts.
- You don't have to spend your HSA. If you'd rather save your HSA for a potential large expense down the road, feel free to pay small medical costs from your bank account. If you change your mind, you can always get reimbursed from your HSA later.
- Your HSA gives you flexibility to visit any doctor, hospital or lab of your choice, even out-of-network providers.
- You can shop around. Healthcare is like any other purchase. If you have the time, it pays to shop around for the best quality and price.
- After retirement you can use your HSA to pay for some Medicare expenses including your Medicare Part B, Part D and Medicare Advantage plan premiums, deductibles, copays and coinsurance.







## HOW MUCH CAN YOU CONTRIBUTE TO AN HSA?





#### 2023

#### ALLOWABLE HSA CONTRIBUTIONS (PER YEAR)

	Employee Coverage	Family Coverage
Company Contribution	\$1,000	\$2,000
+		
Your Pre-Tax Contributions	\$2,850	\$5,750
=		
IRS Annual Maximum	\$3,850	\$7,750

In addition to the company contribution, you can contribute money to your HSA, up to the total annual amount allowed by the IRS. If you're 55 or older, you can contribute \$1,000 more each year.

#### Plan Highlights 2023 Anthem Act Wise HDHP

Preventive Care PLAN PAYS 100% (In-network)

**Before Meeting** Deductible YOU PAY 100% (\$2,000 Employee Only / \$4,000 Family)

Deductible for any one individual enrolled in family coverage is \$3,000

After Meeting Deductible

YOU PAY 20%

PLAN PAYS 80% (In-network)

Refer to your enrollment materials for additional plan details.

After Meeting Outof-Pocket Max PLAN PAYS 100% (After \$3,000 Employee Only / \$6,000 Family)

OOP Max for any one individual enrolled in family coverage is \$3,000

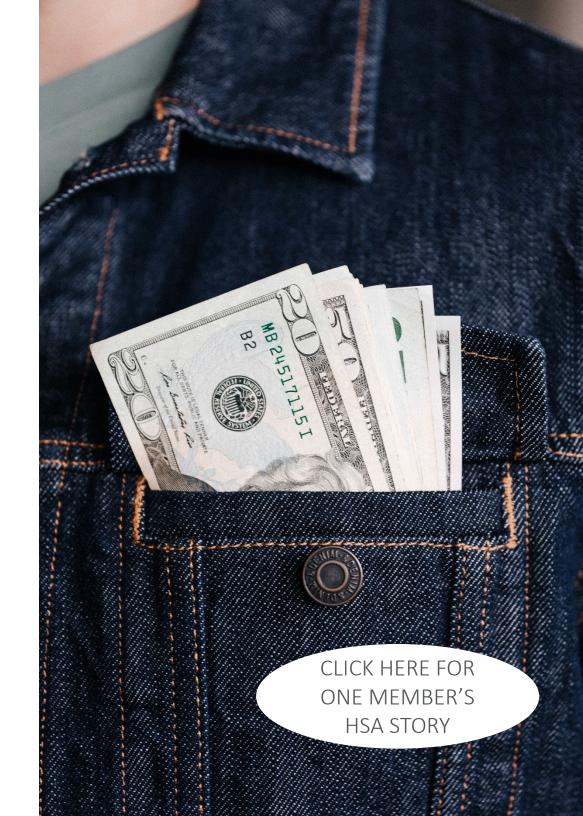
## Can we talk about the **ELEPHANT** in the room?

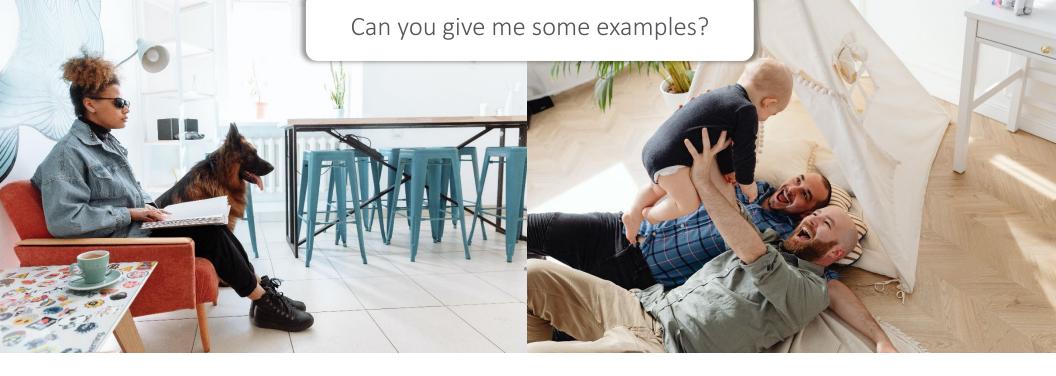


# It all comes back to the HSA...

At first, many people have deductible "sticker shock," but many features of the HDHP partially or completely offset your deductible and other healthcare costs:

- The Claremont Colleges helps you cover your deductible with contributions to your HSA - \$1,000 for individual coverage and \$2,000 for family coverage.
- The IRS sets a generous annual limit on how much you can contribute to your HSA.
- You get significant tax benefits. HSA contributions, withdrawals and earnings are free from federal tax. (A few states tax HSA contributions or earnings.)
- Your HSA balance rolls over every year.
   What you don't spend continues to grow, with interest.





#### Candace: Healthy Single Woman

Candace's costs were very low throughout the year. She had her annual checkup (fully covered), and she got an ankle brace after a minor sprain. She did not meet her deductible.

	\$1,000	HSA deposit from The Claremont Colleges
+	\$2,000	Candace's HSA contributions
=	\$3,000	Total HSA Deposits
-	\$500	Urgent care and ankle brace
=	\$2,500	HSA balance rolls over to next year

#### Seth: Family Man

Seth covers his whole family. They visited the doctor often because life happens! Even though his family's expenses were higher, he did not meet his deductible.

	\$2,000	HSA deposit from The Claremont Colleges
+	\$5,500	Seth's HSA contributions
=	\$7,500	Total HSA Deposits
-	\$2,400	Sniffles, sneezes & fevers
=	\$5,100	HSA balance rolls over to next year



#### Andre: A Little Too Sick at the Skate Park

Andre usually nails a kick flip, but this weekend he wiped out hard. His knee surgery exceeded his deductible. Here's how his health plan benefits (employee-only coverage) and HSA worked together to cover his costs.

HDHP Plan Benefits			
	\$2,000	Andre's in-network deductible	
+	\$500	Andre's additional coinsurance costs	
=	\$2,500	Andre's total out-of-pocket	
+	\$4,100	Covered by insurance	
=	\$6,600	Total knee surgery cost	

HSA Usage			
	\$1,000	HSA deposit from Company	
+	\$2,000	Andre's HSA contributions	
=	\$3,000	Total HSA Deposits	
-	\$2,500	Paid for medical costs	
=	\$500	HSA balance	



## **HSA Eligibility Rules**

#### For You

To be eligible to make deposits to an HSA:

- You must currently be enrolled in an HDHP.
- You may not be enrolled in any other non-HDHP health coverage, except for accident, disability, dental or vision, or long term care coverage.
- You may not have a general purpose flexible spending account (FSA) or be eligible to use one (such as a spouse's FSA). Limited purpose FSAs, which cover dental and vision expenses only, are allowed.
- You cannot be claimed as a dependent on another person's tax return.
- You may not be enrolled in Medicare, Medicaid or Tricare.

#### For Your Adult Dependents

- Your HSA may be used to pay for eligible expenses for you and for your legal tax dependents (people listed on your federal income tax return).
- While you can cover dependent children on your health plan up to age 26, this does not extend to HSA spending. When your adult child is no longer a tax dependent, any HSA distributions for the child would be subject to taxes and penalties.
- If you cover your Domestic Partner on the HDHP, you may each set up an HSA and contribute the full family amount (assuming you are HSA-eligible). However, you may not use your HSA for your partner's expenses (and vice versa).





## How do I pay with my HSA?

You can use your HSA like a checking account to pay for qualified medical expenses as long as you have enough money in your account to cover them. If your provider is billing you, wait until you have a statement from your insurance carrier showing exactly how much of the charge you're responsible for.

#### Set Up

WealthCare Saver makes it easy for you to manage your HSA with an online account through <u>Anthem.com</u>. Please note to open an account with WealthCare Saver, you must have a physical mailing address (not a P.O. Box).

#### **Debit Card**

You will receive a debit card that you can use at the doctor's office, pharmacy, etc. Use this just as you would a debit or credit card.
Charges will be deducted from your HSA account. Log into your online account to order a debit card for your 18+ dependent(s).

#### Online Account Management

After registering your account, you will be able to set up direct deposit to ensure you receive your funds quickly. You can request reimbursements for qualified medical expenses. Easily check your claims activity, including status. Disclosures, account and IRS resources are all housed within your online account. Make planning for care simpler by utilizing WealthCare Saver's HSA calculator to calculate your contribution amounts and your tax savings.

#### Reimburse Yourself

If you paid your provider out-ofpocket, you can request reimbursement from your account. Login to your online account to request a payment be sent directly to you. Refer to your online account for rules and instructions.



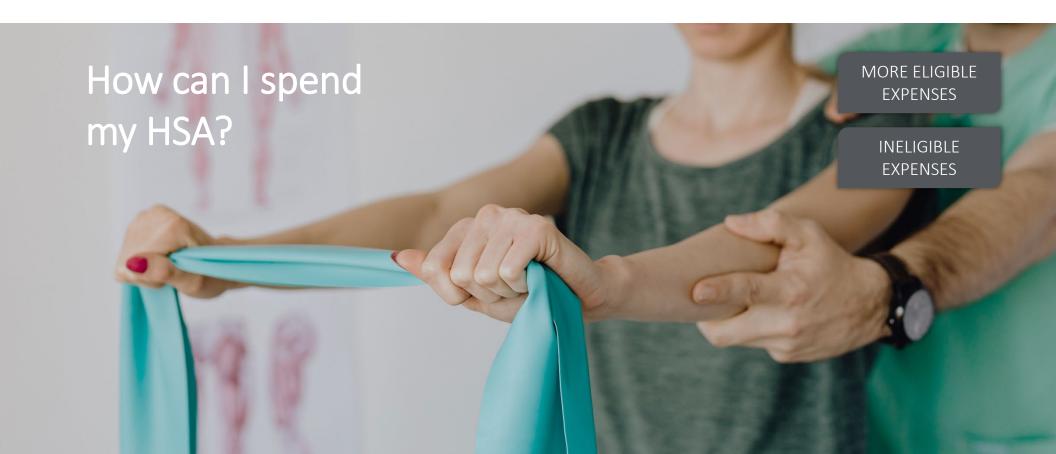
## Common Eligible Expenses

- Acupuncture
- Alcoholism treatment
- Ambulance
- Artificial limb
- Birth control pills
- Blood pressure monitoring device
- Breast pumps and related supplies

- Chiropractic care
- Dental treatment
- Dentures
- Diagnostic services
- Drug addiction
- treatment
- Eye examination, eye glasses, reading glasses, contacts
- Family planning items
- Fertility treatment
- Hearing aids
- Hospital services
- Immunization

- Insulin and diabetic supplies
- Laboratory fees
- Laser eye surgery
- Medical testing devices
- Menstrual care products
- Nursing services
- Obstetrical expenses
- Orthodontia (not cosmetic)
- Over-the-counter (OTC) medicine—cold treatments, ointments, pain relievers, stomach remedies, etc.
- Over-the-counter (OTC) treatments—bandages, wraps,

- medical testing devices, etc.
- Oxygen
- Physical therapy
- Prescription drugs
- Psychiatric care
- Smoking cessation program and medications
- Surgery
- Telehealth services (predeductible)
- Transportation for medical care
- Wheelchair, walkers, crutches and canes



#### **Nonqualified Medical Expenses**

If you use your HSA for a nonqualified medical expense, you may owe taxes plus a 20% tax penalty on that amount. If you are age 65 or older or disabled at the time, you just pay your regular tax rate but no penalty on nonqualified withdrawal amounts.

#### **Keeping Records**

Keep all your receipts for your HSA transactions for at least three years. This proves that you used your funds for qualified medical expenses and provides documentation in case you are audited by the IRS.

#### **State Taxes**

Most states treat HSA contributions and earnings on a taxfavored basis, just like federal. California and New Jersey do not exclude HSA contributions from income. Contact your tax adviser or HSA administrator for additional information on taxes in your state.

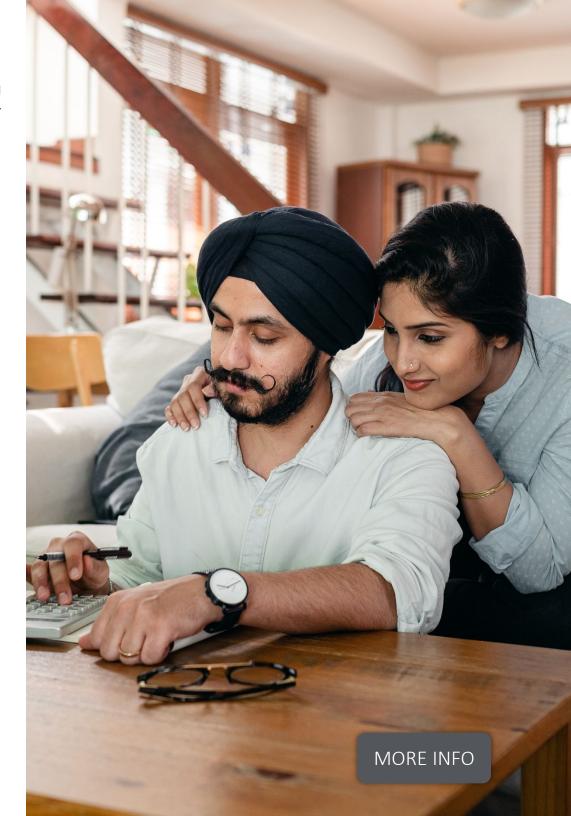
#### **Excess Contributions**

If you contribute over the IRS limit in one year, you will have to pay tax plus 6% on the excess. To avoid additional taxes, you can withdraw the excess amount before the April 15 tax filing deadline or direct the excess toward the next year's contributions.

#### **HSA Beneficiaries**

If you name your spouse as your HSA beneficiary, your spouse will inherit your account and it will become your spouse's HSA. If your beneficiary is not your spouse, the account will no longer be considered an HSA and becomes taxable to the beneficiary.

Consult a tax adviser for guidance on how these rules may affect you.



## Helpful Online Resources

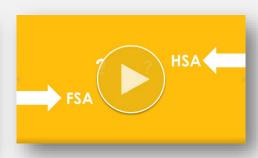
Click below for additional online resources.



High Deductible Health Plan



HSA



HSA vs. FSA



Register at Anthem.com

Are your doctors in-network?

