
FIRST-SEMESTER RECOMMENDED COURSES FOR FIRST-YEARS

This is a general guide to the courses offered in the fall that first-years should consider taking. For each GE, we have listed courses being offered that will satisfy that requirement. This is not an exhaustive list, but it will help you decide which courses to take in your first semester.

First-Year Seminars

First-years must complete both during the first year – one in each semester.

- Freshman Humanities Seminar (FHS 010 CM)
- Freshman Writing Seminar (FWS 010 CM)

Math and Computer Science

Calculus can be taken at any of the Claremont Colleges. Computer Science can be taken at CMC, Pomona, or Harvey Mudd. You can find these courses by using the course area “CMC Mathematics GE” on the portal.

- Calculus I (MATH030)
- Calculus II (MATH031)
- Calculus III (MATH032)
- Computing for the Web (CSCI040 CM)

Lab Science Courses

All students should take a lab science by the end of their sophomore year. You can find these courses by using the course area “CMC Lab Science GE” on the portal.

Students majoring in science:

- Introductory Biology (BIOL043L KS)
- Basic Principles of Chemistry (CHEM014L KS)
- Science and the Environment (EA 030L KS)
- General Physics for Life Sciences (PHYS030L KS)
- Principles of Physics (PHYS033L KS)

Students not majoring in science:

- Elementary Astronomy (ASTR066L KS)
- Concepts in Biology (BIOL057L KS)
- Conservation Ecology & Management (BIOL067L KS)
- Hormones and Behavior (NEUR086L KS)
- The Codes of Life (SCI 010L CM)

CMS Varsity Sports

All varsity athletes playing a fall sport should register for their sport. Varsity athletes playing a spring sport should register for their sport in the spring. You can find these courses by using the course area “CMS Varsity Sports” on the portal.

- Basketball (Men) (PE 105 JP)
- Basketball (Women) (PE 107 JP)
- Cross-Country (Men and Women) (PE 110 JP)
- Football (PE 120 JP)
- Soccer (Men) (PE 135 JP)
- Soccer (Women) (PE 140 JP)
- Volleyball (Women) (PE 160 JP)
- Water Polo (Men) (PE 165 JP)

Language Courses

The foreign language GE can be satisfied at any of the Claremont Colleges. Any course marked with an asterisk (*) satisfies the foreign language GE. The results of your language placement exam will determine which course you should take.

Arabic

- Introductory Arabic (ARBC001 CM)
- Intermediate Arabic (ARBC033 CM)*

Chinese

- Elementary Chinese (CHIN001A PO)
- Elementary Chinese for Bilinguals (CHIN002 PO)
- Intermediate Chinese (CHIN051A PO)*

French

- Introductory French (FREN001)
- Continuing Introductory French (FREN002)
- Intensive Intermediate French (FREN022)
- Intermediate French (FREN033)*

German

- Introductory German (GERM001)
- Intermediate German (GERM033)*

Greek

- Accelerated Intro to Classical Greek (GREK022 PO)

- Intermediate Greek (GREK033 PO)*

Italian

- Introductory Italian (ITAL001)
- Continued Introductory Italian (ITAL002)
- Intermediate Italian (ITAL033)*

Japanese

- Elementary Japanese (JAPN001A)
- Intermediate Japanese (JAPN051A)*

Korean

- Introductory Korean (KORE001)
- Intermediate Korean (KORE033)*

Latin

- Accelerated Introductory Latin (LATN022 PO)
- Intermediate Latin (LATN033 PO)*

Portuguese

- Introductory Portuguese (PORT001)
- Intermediate Portuguese (PORT033)*

Russian

- Elementary Russian 1 (RUSS001)
- Intermediate Russian (RUSS033)*

Spanish

- Introductory Spanish (SPAN001)
- Intensive Introductory Spanish (SPAN022)
- Intermediate Spanish (SPAN033)*

Social Science General Education Courses

All students must take at least 3 outside their major.

Economics GE

- Principles of Economics Analysis (ECON050 CM)

Government GE

- Introduction to American Politics (GOVT020 CM)

History GE

You can find these courses by using the course area “CMC History GE” on the portal.

- Bread and Circuses in Ancient Rome (HIT054 CM)
- Middle East: From Muhamad to the Mongols (HIST055 CM)
- Museums and Leadership (HIST078 CM)
- Freshman Honors Seminar – Social Movement/Political Change (HIST100 CM)
- Ancient & Medieval Historians (HIST107 CM)
- Race and Racism in the Colonial Americas (HIST114 CM)
- Slavery: A World History (HIST116 CM)
- Recent United States History (HIST121 CM)
- American Schools: Race, Citizenship, and Inequality (HIST122 CM)
- Crusading Mentalities (HIST131C CM)
- Modern Russian History: 1917-present (HIST133B CM)
- Objects of War and Genocide (HIST136C CM)
- Makers of Modern India and Pakistan (HIST154 CM)
- Japanese Empire (HIST158 CM)
- Gender and History in South Asia (HIST167 CM)
- Global Borderlands (HIST173 CM)
- Design Activism (HIST174 CM)

Psychology GE (Course Area “CMC Psychology GE”)

You can find these courses by using the course area “CMC Psychology GE” on the portal.

- Introduction to Psychology (PSYC030 CM)
- Organizational Psychology (PSYC037 CM)
- Cognitive Psychology (PSYC040 CM)
- Behavioral Psychology (PSYC065 CM)
- Psychological Disorders (PSYC070 CM)
- Social Psychology (PSYC092 CM)

Humanities General Education Courses

All students must take at least 2 outside their major.

Foreign Literature GE

- Advanced French (FREN044)
- Advanced Latin Readings (LATN044)
- Advanced Spanish (SPAN044)

Literature GE

You can find these courses by using the course area “CMC Lit Humanities GE” on the portal.

- Fiction Writing (LIT 038 CM)
- British Writers I (LIST 057 CM)
- Shakespeare’s Sonnets (LIT 069 CM)
- Melville (LIT 081 CM)
- Lyric Voice in Modern American Literature and Film (LIT 084 CM)
- American Poetry (LIT 091 CM)
- Delphic Oracle: Ancient Greek Literature (LIT 098 CM)
- Literary Theory Since Plato (LIT 100 CM)
- Poetry and Philosophy (LIT 108 CM)
- Nineteenth-Century Russian Novel (LIT 119 CM)
- African American Literature (LIT 129 CM)
- Alfred Hitchcock (LIT 135 CM)
- Literature and the Brain (LIT 148 CM)

Philosophy GE

You can find these courses by using the course area “CMC Philosophy GE” on the portal.

- Introduction to Philosophy: Philosophical Questions (PHIL030 CM)
- Introduction to Philosophy: Political Philosophy (PHIL033 CM)
- Introduction to Philosophy: Moral and Political Issues (PHIL034 CM)
- Introduction to Philosophy: Reason and Reality (PHIL039 CM)

Religious Studies GE

You can find these courses by using the course area “CMC Religious Studies GE” on the portal.

- History of World Christianity (RLST037 CM)
- Sikhism (RLST045 CM)
- Jewish Art and Identity (RLST055 CM)
- The End of the World As We Know It (RLST058 CM)
- African-American Religions (RLST082 CM)
- Religion and Politics in Israel (RLST093 CM)
- Hinduism and South Asian Culture (RLST102 CM)
- Revolt and Reform in Early Modern Europe (RLST156 CM)
- Religion, Politics and Global Violence (RLST166B CM)